

This Moment of Here and Now

Anthem for Requiem to Cancer 2022

For choir, soprano saxophone and piano

Also available with piano only accompaniment

JANET WHEELER

Duration 5'30"



This Moment of Here and Now

Bring balm of breathing in and breathing out,
Come calm, fill every space, replacing fear and doubt.
Bring boundless freedom of creative flow,
Come sense of focus, crystallise, take root and grow.
With woes and worries out of mind
Our worst imaginings can unwind

*In the here and now –
Of hearing, feeling,
Breathing, being,
Sensing, seeing
This moment of here and now.*

Bring wonder at the vastness of endless space.
Come joy in tiniest miracles of microscopic grace.
Bring time unmeasured by mankind's metronome.
Come wildest nature, welcome us back home.
We'll cherish every weather
And nurture all that weaves us together

*In the here and now –
Of hearing, feeling,
Breathing, being,
Sensing, seeing
This moment of here and now.*

For love belongs in the here and now,
So sing your song in the here and now,
The day is long in the here and now,
And we are strong in the here and now.

Bring balm of breathing in and breathing out,
Come calm, fill every space replacing fear and doubt.
With woes and worries out of mind
Our worst imaginings can unwind

*In the here and now –
Of hearing, feeling,
Breathing, being,
Sensing, seeing
This moment, this precious moment,
This moment of here and now.*



For Requiem to Cancer 2022, in memory of Simon Wood

This Moment of Here and Now

Words and Music by Janet Wheeler

Meditatively (♩ = 68)

Soprano
Alto

Tenor
Bass

Soprano
Saxophone*

(unswung)

p *mp*

with a touch of breath-like rubato across each bar (or sometimes two bars ad lib)

Piano

p *poco* *sim.*

Red. *sim.*

5 Sopranos and Altos unis.

p

Bring balm of breath-ing in and breath-ing out, Come calm, fill

p

10

mp

ev'-ry space, re-plac-ing fear and doubt,

mp cantabile cresc.

mp *cresc.*

* Saxophone part or alternative reduced piano accompaniment available from MazeMusic

A

13 *mf warmly*

Bring bound - less free - dom of cre - a - tive flow,

mf warmly

Bring bound - less free - dom of cre - a - tive flow,

Bring bound - less free - dom of cre - a - tive flow,

mf

17 *mf*

Come sense of fo - cus, cry - stal - lise, take root and grow,

mf

Come sense of fo - cus, cry - stal - lise, take root and grow,

Come sense of fo - cus, cry - stal - lise, take root and grow,

21 **B**

With woes and wor - ries out of mind, Our worst i - ma - gi - nings will un - wind in the here and

With woes and wor - ries out of mind, Our worst i - ma - gi - nings will un - wind in the here and

24 unis. *mf*
 now of hear-ing, feel-ing, breath-ing, be-ing, sens-ing, see-ing
 unis. *mf*
 now of hear-ing, feel-ing, breath-ing, be-ing, sens-ing, see-ing

mf *p*

28 *p*
 This mo-ment, this mo-ment of here and now.
 This mo-ment, this mo-ment of here and now.

mp *p*

C
 Tenors and Bases unis.

32 *f* *espress*
 Bring won-der at the vast-ness of end-less space,

f

36

p Come joy in ti-ni-est mi-ra-cles of mi-cro-sco-pic grace, —

mf *p*

D

40

mp Bring time un-measured by man-kind's me-tro-nome

mp Bring time un-measured by man-kind's me-tro-nome

mp *cantabile*

44

mf Come wild-est na-ture, wel-come us back home, —

mf Come wild-est na-ture, wel-come us back home, —

mf

E

48

f

We'll cher-ish ev' - ry wea-ther, nur-ture all that weaves us to-ge - ther

We'll cher-ish ev' - ry wea-ther, nur-ture all that weaves us to-ge - ther

f

51

mp

in the here and now of hear-ing, feel-ing, breath-ing, be-ing, sens-ing, see-ing

in the here and now of hear-ing, feel-ing, breath-ing, be-ing, sens-ing, see-ing

mp

mp

p

56

p

This mo-ment, this mo-ment of here, of here and

mp

This mo-ment, this mo-ment of here, of here and

p cresc.

F

60

f

now; For love be-longs in the here and now, So sing your song in the here and now,

now; For love be-longs in the here and now, So sing your song in the here and now,

65

The day is long in the here and now, And we are strong in the here and now.

The day is long in the here and now, And we are strong in the here and now.

p

70

mp *p*

p

G

73 *mp* unis.

Bring balm of breath-ing in and breath-ing out,

Bring balm of breath-ing in and breath-ing out,

77

Come calm, fill ev'-ry space, re-plac-ing fear and doubt,

Come calm, fill ev'-ry space, re-plac-ing fear and doubt,

H

With woes and wor-ries out of mind, Our worst im - ag-in-ings will un - wind in the here and now of

With woes and wor-ries out of mind, Our worst im - ag-in-ings will un - wind in the here and now of

85 unis. *p* This
 hear - ing, feel - ing, breath - ing, be - ing, sens - ing, see - ing This
 unis. *p* This
 hear - ing, feel - ing, breath - ing, be - ing, sens - ing, see - ing This

89 mo - ment this mo - ment of here and now,
 mo - ment, this pre - cious mo - ment, of here and
 mo - ment this mo - ment of here and now,
 mo - ment, this pre - cious mo - ment, of here and

93 here and now, here and now.
 now, *p* here, and now, here and now.
 here and now, here and now.
 now, *p* here, and now, *pp* here and now.

Some other music by Janet Wheeler

Secular mixed voices

Care-Charmer Sleep (<i>setting of Samuel Daniel text</i>)	3'
Fairest World (<i>elegy based on Purcell's 'Fairest Isle' for choir and saxophone</i>)	4'30"
Gather the Good Days (<i>cycle of 5 settings on memory for SATB</i>)	13'
Gaudeamus Igitur (<i>double choir a cappella setting of Kevin Crossley Holland poem</i>)	3'30"
Imagine it! (<i>written for and recorded by NYCGB double choir with percussion duo</i>)	6'
Time Becomes a Song (<i>cycle of five SATB settings of John Clare</i>)	15'

For upper voices

A Poison Tree (<i>setting of William Blake for SSAA a cappella</i>)	4'
And Then we Knew Peace (<i>upper voices with piano accompaniment</i>)	4'
To God the Giver of Grace (<i>setting for SSA and organ of an Egyptian Doxology</i>)	2'30"

Sacred mixed voices

All Heaven Before Mine Eyes (<i>SATB anthem with organ</i>)	8'
Alleluia, I heard a voice (<i>SSATB anthem with joyful syncopated middle section</i>)	4'
Be This Thine Ark (<i>setting of John Donne for Lincolns Inn Chapel</i>)	5'30"
Beati Quorum Via – Homage to Stanford (<i>anthem for SSATTB</i>)	4'
By Thee I Will Abide (<i>setting of text from Psalm 56 for single then double choir</i>)	5'
Ely Service (<i>canticles for SATB and organ for Ely Cathedral's 1350th anniversary</i>)	12'
Homage to Albright (<i>textured choral soundscape made from simple repeating fragments sung individually with organ accompaniment – duration variable</i>)	
In Every Corner Sing (<i>anthem for the 200th anniversary of St Pancras Church</i>)	4'30"
Loquebantur Variis Linguis (<i>Pentecost motet for SATB with no divisi</i>)	2'
Psalm 121 (<i>setting of the Scottish metrical version for SATB and organ</i>)	5'30"
Preces and Responses	
The Martyrdom of St Edmund (<i>prizewinning anthem for SATB and organ</i>)	4'
We Sing to God, the Spring of Mirth (<i>SATB with optional organ</i>)	2'
<i>Prizewinning introit/anthem published by Novello</i>	

For Christmas – carols and arrangements in a variety of styles

Advent Song (<i>Gospel carol for children's choir and SATB with piano</i>)	2'30"
A La Media Noche (<i>Puerto Rican carol arranged for children, SATB and piano duet</i>)	4'30"
Because a Little Child is Born (<i>a cappella SATB with divisi apart from tenors</i>)	3'
Behold I Come (<i>winner of the Hendrix Candlelight Carol competition 2017</i>)	4'30"
Carol of the Poor Children (<i>rhythmic and folk-inspired for SATB and piano</i>)	2'30"
Christmas at Sea (<i>setting of Robert Louis Stevenson for upper voices or cambiata</i>)	3'
Ding Dong Diggety! (<i>jazzy a cappella arrangement of Ding Dong Merrily on High</i>)	2'40"
God Bless You Brother (<i>a Christmas blessing for the homeless, words E. Farjeon</i>)	2'30"
It Came Upon the Midnight Clear (<i>original setting for SATB and harp</i>)	5'
Listen to the Angels (<i>jazzy carol incorporating Of the Father's Heart Begotten</i>)	3'
Noel, Noel, Noel (<i>a cappella setting of a medieval text for SSATB</i>)	4'
The Gift on the Living (<i>setting of Celtic text from Carmina Gadelica</i>)	4'30"
The Spirit of Christmas (<i>carol for children's voices, SATB and keyboard</i>)	4'
<i>Words by Martin Angel and Janet Wheeler, published by Hal Leonard</i>	

For score videos of some of these pieces see YouTube MazeMusic Channel
 For more information on larger works see janetwheeler.co.uk

