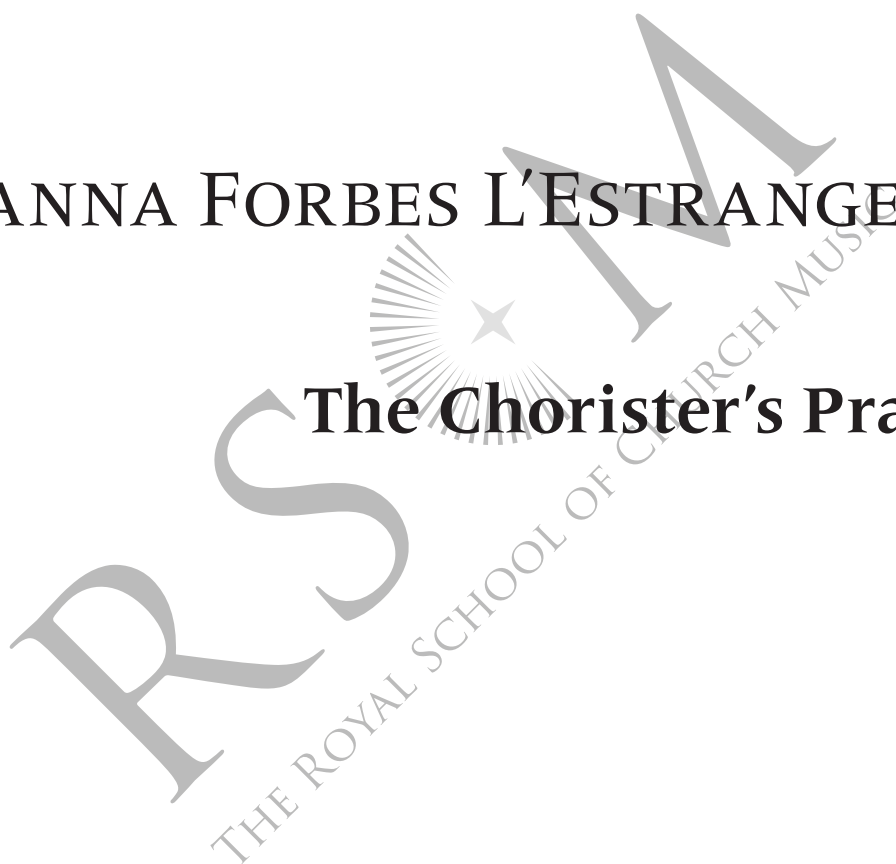


JOANNA FORBES L'ESTRANGE

The Chorister's Prayer



Commissioned by the RSCM for International Chorister Day 2021.
To the memory of Kris Utterback, from Eric Nye and Carol Frost, Laramie, Wyoming, and to the
loyal and dedicated Friends of Cathedral Music, the Episcopal Cathedral of St John, Albuquerque, New Mexico

The Chorister's Prayer

Music: Joanna Forbes L'Estrange (b. 1971)

Flowing, with forward momentum ♩ = c. 96

Choir

mf

Bless, O Lord, —

Flowing, with forward momentum ♩ = c. 96

Organ

mf *mp*

7

mp

bless, O Lord, — bless, O Lord, us thy ser - vants, — who

13

mi - ni-ster, — who mi - ni-ster — in thy tem - ple.

20 *pù f*

Grant that what we sing with our lips,

24

we may be - lieve in our hearts,

28

and what we be - lieve in our hearts

32 *f*
we may show forth

36 *mf*
in our lives.

mp
man.

41

45 *mf*

Bless, O Lord, bless, O Lord, bless, O

mf

Bless, O Lord, _____ bless, O Lord, _____ bless, O

mf

50 *mp*

Lord, us thy ser - vants, — who — mi - ni - ster, — who

mp

55

mi - ni - ster — in thy tem - - - ple.

rall. *più f* **A tempo**

60

Grant that what we sing

Grant that what we sing with our lips,

rall. *più f* **A tempo**

64

we may be - lieve, be - lieve in our

we may be - lieve in our hearts,

68

mf

hearts,

be - lieve

mf

and what we be - lieve in our hearts

72

opt. solo

forth

f

mf

we may show forth

in our lives.

78

mp

Through Je - sus Christ our Lord.

rall..

divisi

A - men.

rall..

mp

p



Joanna Forbes L'Estrange (b.1971) is an English soprano, composer and choral leader who receives engagements throughout the world. A Master of Arts graduate in Music of Oxford University, she began her career as soprano and Musical Director of the five-time Grammy® Award-winning *a cappella* group *The Swingles* and her compositional output reflects her love of choral music, close harmony and jazz. She writes songs (including her own lyrics), sacred anthems, Christmas carols, television production music and arrangements, regularly collaborating with her husband Alexander L'Estrange on their award-winning series of large-scale community choral works.

A passionate advocate for gender equality, Joanna has become the go-to composer for songs about women. Commissions include *We will remember them* for the Military Wives Choirs', *A woman (wearing bloomers) on a wheel* which has been made into a film by the NYCGB, *Suffragette March*, *Give us grace* and *A place for us maids*, celebrating 40 years of female undergraduates at Trinity College, Cambridge. Her single *Twenty-first-century Woman* raises money for girls' education globally. Visit her website: www.joannaforbeslestrange.com/composing

Choral pieces by Joanna Forbes L'Estrange published by the RSCM include:

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|-------------------------------|---|
| Advent 'O' Carol | A setting for unaccompanied SATB of excerpts from the seven 'O' antiphons, traditionally sung during Advent |
| Carol of the Crib | A setting for SATB Choir and organ of words by Timothy Dudley-Smith |
| God the Holy Trinity | A setting for unaccompanied SA/Men of a prayer for Trinity Sunday |
| Go forth in peace | A setting for SATB and organ of the prayer 'Go forth into the world in peace' |
| King's College Service | A setting for SATB choir and organ of the <i>Magnificat</i> and <i>Nunc Dimittis</i> |
| The St Helen's Service | A setting for SATB, organ and unison congregation of the Communion Service (band parts available) |
| St Richard's Prayer | A setting for SA/Men and organ (or piano) of the prayer ascribed to St Richard of Chichester |